



# The Shepherd's Staff

*to inform and encourage*



March 2017

## Gracious Words

**"Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone" (Colossians 4:6).**

Do you worry about what to say to those with whom you know you will have a conversation today? Paul has very simple advice to share with you in this regard. He advises you to say what comes from your heart. Simple, right? In order to follow Paul's advice, however, you must first take inventory of what is in your heart before you can be confident of what will come from it.

When sadness or problems fill our hearts, it is not easy to find a smile or a kind word for someone else. Still, there is one truth that our hearts can always rely on--God's grace. "At one time we too were foolish! We lived in malice and envy, being hated and hating one another. But when the kindness and love of God our Savior appeared, he saved us, not because of righteous things we had done, but because of his mercy" (Titus 3:3-5).

It is our inclination to turn on others (including God) with unkind words when we are not feeling good inside. So God determined to fill our hearts with the opposite of malice and envy. He has filled our hearts with gratitude. We know that this gratitude is the direct result of one thing--God's kindness. And he continually speaks words full of grace to us in the gospel of Jesus, thereby renewing daily our heart's supply of gratitude that "God's mercies are new every morning."

Listen carefully to the words full of grace that the Lord is speaking to you, then go and speak what comes naturally from your heart.

- Pastor Kieselhorst

  
Mid-Week  
**Lenten**  
Worship



Beginning with Ash Wednesday on March 1, we will host midweek Lenten worship services at 7:00 p.m. We are pleased to welcome a number of pastors from our Denver area congregations as guest preachers for these services. The theme of our midweek Lent services this year will be **LENTEN SHADOW AND LIGHT**.

Please come early and enjoy great food and fellowship during our Lenten Suppers. Suppers will begin at 6:00 p.m. every Wednesday during Lent.

# GRIEF SUPPORT GROUP

Help and encouragement after the death of a spouse, child, family member, or friend

GRIEF SHARE

We will be continuing our GriefShare group every Saturday through April 15, 2017. We meet at the church from 10am - noon.

How GriefShare works: If you've lost a spouse, child, family member, or friend, you've probably found there are not many people who understand the deep hurt you feel. This can be a confusing time when you feel isolated and have many questions about things you've never faced before. GriefShare groups meet weekly to help you face these challenges and move toward rebuilding your life.

Each GriefShare session has three distinct elements:

1. Each week your GriefShare group will watch a video seminar featuring top experts on grief and recovery subjects.
2. After viewing the video, you and the other group members will spend time as a support group, discussing what was presented in that week's video seminar and what is going on in your lives.
3. During the week you will have the opportunity to use your workbook for further personal study of the grieving process and to help sort out your emotions through journaling. Your group will spend time discussing questions and comments from the workbook study.

The cost for the class is \$20 and includes the workbook. You are welcome to begin attending the GriefShare group at any session. Each is "self-contained," so you do not have to attend in sequence. You will find encouragement and help whenever you begin. With GriefShare you will learn how to walk the journey of grief and be supported on the way. It is a place where hurting people find healing and hope. If you have any questions please contact Laurie Behrens at [dlmb1@comcast.net](mailto:dlmb1@comcast.net) or 720-939-1288.

## APPLEBEE'S – DINING FOR DONATIONS –

Please join us on Monday, April 10<sup>th</sup> at Applebee's located at 90<sup>th</sup> & Wadsworth Blvd. for dinner. SVL will earn a percentage of the sales for that evening. Watch for flyers coming from our school children soon. When the flyers come, we will hand them to all our friends, family, and neighbors because you know, more people = more donations for SVL!





Shepherd of the Valley is continuing with a Women's Cancer support group. Our next few meetings will be on the following Tuesdays: March 21st, April 18th and May 16th, 2017.

We will continue to meet at the church at 7pm. Every woman who has been affected by cancer is invited

to attend and any woman caring for someone with cancer is invited to attend as well.

Anything shared within the group is considered confidential. We agree not to share anything outside of the group unless specific permission is given to do so. We will provide time for each person to share if they feel comfortable doing so. We will talk about ourselves and our own situations and experiences and avoid conversation about other people or about abstract ideas. We will listen attentively to each other and will be very cautious about giving advice. We will pray for each other.

For information, please contact Laurie Behrens at 720-939-1288 or [dlmb1@comcast.net](mailto:dlmb1@comcast.net).

## EASTER FOR KIDS EVENT AT SVL

When: Saturday, April 8, 2017

Time: 10 A.M.-1 P.M.

Who: All kids ages 4 through 5th grade

What: The true story of Easter!

**Crafts, games, music, puppet show, and an Easter egg hunt!**

NEEDED: Lots of willing helpers to make this event a success! There is a sign up sheet for helpers on the church entryway table. We need help in the area of crafts (plenty on hand), lunch organization and serving, music, games, meet and greeters, group leaders (chaperone kids from area to area)

We will CANVASS the neighborhood to our west with invitations to our Easter for Kids and Easter services. Please come help get the word out! Saturday, April 1st. Watch for times coming soon.

If you have any questions, please speak to Joshua Meyer or Sharon Presser.



## KING SOOPERS CARD FUNDRAISER

**MARCH KING SOOPERS UPDATE** – After a stellar deposit of \$543.29, our current balance stands at \$9,612.42!

Thanks for continuing to support our non-budgeted fund for projects around SVL church and school. This program uses reloadable gift cards from King Soopers. SVL receives 5% of your shopping purchases.

Please see Sharon Presser for a FREE card.



### March Birthday Blessings to:

Jason Welty: 3/6; Carl Wagner: 3/8; Lilli Hockenbery: 3/9; Sandy Olson, Peyton Zoran: 3/11; Austin Zoran: 3/13; Brodie Saggau: 3/14; Kathy Kieselhorst: 3/16; Lynn Larsen: 3/18; Mary Wisner: 3/19; Gabriel Gallegos: 3/20; Sue Kelton, Jesse Wisniewski: 3/21; Ida Falck, Maxwell Falck: 3/22; Lauren Farquhar, Mary Peterson: 3/23; Milfred Thompson: 3/24; Karena Falck: 3/25; Eric Hockenbery: 3/27; Megan Larsen: 3/29



### Happy Anniversary to:

Tom & Lynn Helmreich: 3/15  
Gordon & Ardell Lommen: 3/29

## Shepherd Women:

**Lenten Suppers** - We have 6 meals this year and we still have 2 meals that need to be hosted. If you are interested in hosting a supper, contact Tomoko Koerber. If you need assistance providing food, serving or cleaning, we can get you the help you need. Don't want to host a meal? You can still be a huge help by providing food. Please look for the sign up sheets in the Narthex and jump in wherever you can!

3/1: Shepherd Women  
3/8: JT Kohl and the men of SVL  
3/15: Jeff Falck and his students  
3/22: Comet Booster Club  
3/29: **Open**  
4/4: **Open**

### **Book Sale:**

Laurie Behrens and Tomoko Koerber will be heading up an NPH book sale which will run from 3/8 – 3/22. With the 500<sup>th</sup> anniversary of the Reformation this year, there are new and timely media that will be available. The book sale will run during Lent and just before confirmation on March 24. These books make great gifts any time of the year but especially for Easter and confirmation! Additionally, you will have the opportunity to buy a book (or three) and donate it to the school. Watch the bulletin for more details!



## CHRISTIAN EDUCATION CORNER

Musings from the 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> graders at SVL re: their Christian education

My parents wanted me to get a better education, so they put me here. I love this school, because you get to learn about God. I love all my friends. I love how the teachers are nice and make it fun to learn. I'm glad my family found this school. It's a lot of fun. I love Shepherd of the Valley! **-Phoebe Spegal, grade 5**  
(new to SVL this year)

Shepherd of the Valley means to me- friends and family. All the teachers show us extra things and normal school things. Pastor helps people with their problems and encourage us in our faith. When I go to school and church, I have an opportunity to do something other schools don't get to do. My education makes me happy and glad that this school is here. The world keeps changing, and it's a wonderful gift from God that we know about the Bible and his word. This school has taught me about the Bible and our relig-

ion. The world needs more schools like this one. Thanks to the whole church and my teachers for my chance to learn and have an education. It's a great gift to have. - **Charlie Saggau**, grade 6 (at SVL for 7 years)

SVL means a lot to me because if I didn't go here, I wouldn't see my friends, teachers, and learn about God. SVL also gives me a really great education especially a Christian education which I am really grateful for! I also love the subjects that most public schools don't have like grammar, spelling, and Bible History. I also thank my parents and grandparents and church people for giving money to my tuition. I also like how we have the track meet, fine arts fair, kickball mixer, and the spring fling. **Cameron Hardin**, grade 5 (at SVL for 6 years)